Dear Parents and Carers

Harmony Day Celebrations
We certainly hope you enjoyed our Harmony Day celebrations last Friday. The sight of the orange balloons on the front fence set the scene for what was a fantastic event. This was a wonderful community celebration. A day to be very proud of! So much organisation and attention to detail! The special guests on assembly, the food from different cultures, the infinity sign, the signs, music and decorations in the courtyard and the community choir singing, combined to make such a fun day. My sincere congratulations to the organising team and to all members of the Hillvue Public School staff for getting on board and working so hard to make the day such a huge success! Thank you!!

Student Safety
We welcome and encourage parents into school and many of you come in each afternoon to pick up your children from school. I seek your support in assisting us to ensure all students are safe. We want to implement one pickup point for all students each afternoon. Instead of waiting outside classrooms and sitting on steps across the school, we seek your support in waiting on the silver seats under the infants cola for your children. Two teachers are on duty in this area each afternoon supervising students waiting for and travelling on buses. If parents are a little late students are safe and supervised by teachers. Over the last couple of weeks we have had a couple of students wander off looking for parents who have been delayed. At the completion of bus duty any students waiting for parents will be escorted to the front office and parents will be called. All teachers will be talking to students and we need your support to ensure all students arrive home safely after a great day at school.

DIARY DATES

- Assembly Item - Week 9 - KM - Week 10 - 5/6R
- Kindergarten Library/Gym excursion - Tuesday 25 March
- Captains Cup League Tag Years 3&4 - Thursday 27 March
- Cross Country - Friday 4 April
SCHOOL REFERENCE GROUP

We are currently seeking nominations from parents/carers who currently have students enrolled at Hillvue Public School to be members of the Hillvue Public School Reference Group. The reference group meets once a month for an hour. The meeting are usually held on Friday from 10:30am to 11:30am at the school. Meetings are chaired by the president of the Tamworth AECG. Mr Tom Flanders is the current president.

The Local Connected Communities School Reference group is to advise the Executive Principal on the implementation of the Connected Communities strategy. The function of the Local Connected Communities School Reference group will be to work collaboratively with the Executive Principal in the development, planning and shared decision making of each school’s Connected Community strategy. If you are interested please contact the school.

KEEP MEDICAL INFORMATION UPDATED

We welcome information from parents about your child’s health, even if you are not requesting specific support from our school. Our school asks for medical information when you enrol your child. It is also important that you let us know if your child’s health care needs change or if a new health condition develops.

Information about allergies, medical conditions such as asthma and diabetes and other health care related issues (including prior conditions such as medical procedures in the last 12 months) should be provided to the school by parents. This will greatly assist us in planning to support your child’s health and wellbeing. Please also remember to notify staff in the school office of any changes to your contact details or to the contact details of other people nominated as emergency contacts.

Chris Shaw
Executive Principal

Coleslaw with craisins

Preparation: about 20 minutes
Serves: 4-6

½ savoy cabbage, trimmed and finely shredded*
1 carrot, peeled and coarsely grated
2 green onions (shallots), trimmed and thinly sliced
½ cup craisins, chopped
½ cup reduced fat coleslaw dressing
Salt and ground black pepper

*You will require about 4 cups shredded cabbage

1. Place cabbage, carrot, green onions and craisins in a bowl. Drizzle with coleslaw dressing and season with salt and pepper. Toss to combine and serve.

Serving suggestions:
• Serve on a burger or with a barbecued sausage on a bread roll.
• Serve in a bread wrap with shaved ham or chicken.
• Serve with fish and chips.

Savoy cabbage
• An excellent source of vitamin C, which helps protect the body against infections.
• Provides folate, one of the B group vitamins that is needed by the nervous system and is especially important in the early stages of pregnancy.
• A good source of dietary fibre, which helps keep us regular.
• The darker the leaves, the higher the vitamin content.
HILLVUE PS CROSS COUNTRY

When: Friday 4th May 2014
Where: The back playground

All students from K-6 are encouraged to participate.
The day will begin at 12.30 with a BBQ. Order forms have been sent home with your child. Extra sausages and drinks will be available on the day, please come for a sausage sizzle and support our students in this event.

The official Cross Country will begin at 1.15 and follow the following format:
Kindergarten
Sub Junior (7 years and under)
8 & 9 years boys and girls
10 years boys and girls
11 years boys and girls
12 & 13 years boys & girls
The top four runners from 8 & 9 years up will qualify for the Zone Carnival to be held in Term 2.

RUGBY LEAGUE ZONE TRIALS

Congratulations to the following boys who have gained selection to attend the Southern Trials after being successful at the Zone trials held at Farrer Agricultural High School last week.
Caleb Bergan (Opens), Donald Sullivan (Opens), Dempsey Nicholls (11yrs)

The Southern Trials are to be held in Gunnedah on Monday 31st March 2014. We wish the boys the best of luck.

LIVE LIFE WELL @ SCHOOL
PROMOTING A HEALTHY LIFESTYLE

Here are some tips on choosing the best fresh fruit and vegetables for taste and storage:
+ select fruit and vegetables that feel firm, smell nice and look fresh
+ small or medium size fruit make good choices for children
+ choose vegetables that snap rather than bend
+ avoid any fruit or vegetables that are limp, split or feel spongy.

Students participate in Crunch & Sip during the morning. A piece of fresh fruit and a bottle of water is a great way to keep them going until 1st break.

NRL CAPTAINS CUP & GIRLS LEAGUE TAG DAY

Year 3&4 students have the opportunity to compete in the NRL Captains Cup and Girls League Tag day. The day is to be held on Thursday 27th March 2014 at Plain St Fields Tamworth. Start time 10am.

This gala day is aimed at giving students a taste of 7 a side rugby league in a non threatening and safe environment. These are non competitive events where no scores will be kept and emphasis is on fun and enjoyment.
Cost of day: $4.00 (incl bus to and from venue)
Permission notes were sent home this week. Please ensure all note and money be returned to classroom teachers by Wednesday 26th March 2014.
From the Classroom

1D

In 1D we have been learning about crocodiles.

As our Accelerated Literacy text we studied the book ‘Snap went Chester’. We then used factual texts on crocodiles to write information reports.

In Art we drew crocodiles and painted them.

CROCODILE INFORMATION REPORT

Description - A crocodile is a reptile and has sharp teeth. They are covered in scales.

By Kane Jones

Habitat - Crocodiles mostly live in the water. Crocodiles lay their eggs in a nest of sticks.

By Renee Keene

Breeding Habits - Crocodiles mate in the water. They then lay their eggs in a nest.

By Mia Cloake

Movement - Crocodiles move with their strong tail and powerful legs.

By Ngarrama Knox

Feeding Habits - Crocodiles eat fish, dogs, smaller crocodiles, turtles and can eat people.

By Wade Hynch
FOR SALE
HILLYVE SCHOOL JACKETS
The cold weather will be here before we know it. School jackets can be purchased through the front office.

Small, Medium & Large fleecy lined spray jackets $48.

Discontinued limited stock Small adult spray jacket s only $30 (not fleecy lined).

I AM IMPORTANT
(A KIDS SELF ESTEEM PROGRAM)
A FREE 2 week self-esteem program for children aged 8 to 11 years
When: 31st March & 7th April
Time: 3.30pm to 5.00pm
For more information or to register your child, contact the Family Mental Health Support Service at Centacare NENW on 67629200
HANNAFORDS BUS SERVICE

Family owned & operated in the heart of country—Tamworth

Safe reliable student travel from Coledale, Westdale, Bective, Bithramere, Goonoo Goonoo, Kingswood Estate, owrie and Winton areas of Tamworth.

Carters to a destination of your choice

Call us on 02 67651900
www.hannafordscoaches.com.au

CARLO'S INDEPENDENT SUPERMARKET

Robert Street Shopping Village
Ph 6765 8552 - Fax 67623549

Open
Mon - Sat 8 am till 8 pm
Sunday 9 am till 8 pm

Tuesday Pensioners discount
Free delivery for orders above $20.00

White & flavoured milk
Macquarie Valley Juices
Dairy Foods

CHRIS AND LINDA SOMMERS
1137 Duri Dungowan Rd
Tamworth 67670217

CLOTHING POOL

If anyone has any unwanted Hillvue School uniforms to give away/sell, the School Clothing Pool would greatly appreciate them.

The Clothing Pool is at the canteen and open each morning, or items can be dropped off at Front Office.