WELCOME BACK FOR TERM 3
We have another busy term ahead and I look forward to working with you as we continue to provide our students with a quality and diverse education. An education that can only improve with your support and positive interaction. Students at Hillvue Public School are provided with so many wonderful opportunities. Many of these activities are heavily subsidised by the school to ensure all students are able to participate. Students who disrupt the learning of others, display inappropriate behaviour, non-compliance and poor classroom attitude will not be given the privilege of participating in these additional activities. We expect our students to come to school each day, arrive on time and be the best person they can be and not disrupt the learning of other students.

WORD WALL
The new word wall is in place at the front of the school for everyone to see. This clearly articulates what Hillvue Public School stands for. The words and statements on the wall were provided by our students after classroom discussions. We asked students to tell us what their school meant to them and why they loved coming to school at Hillvue Public School each day. One of my favourite statements is “My Teachers Believe in Me”.

NOTES/INFORMATION

Permission notes and school information are regularly sent home to parents and carers. These notes provide you with important information about school events. The initial note is followed up by reminders in the newsletter and reminders on a daily basis to students.

Many notes contain a permission section for children to attend events and in some cases payment is required. All notes are provided well in advance and contain a due date for payment and return. It makes it extremely difficult to organise travel, accommodation, tickets etc when notes are not returned and/or no contact is made with the school if additional support is needed. We need your support to ensure notes are returned by the due dates. Support is always available to parents and carers when needed.

TROY CASSAR- DALEY

Troy will be visiting Hillvue Public School on Thursday 24 July to conduct workshops with some of our students. Our Friday morning assembly has been changed to Thursday morning this week due to Troy’s visit. He will sing a couple of songs and present some awards to students before conducting the workshops. We look forward to Troy’s visit on Thursday.

Chris Shaw
Executive principal

DIABETES 1 RESEARCH

Researchers from the University of Queensland are conducting research into parenting of children with type 1 diabetes. We are seeking parents of children and adolescents with type 1 diabetes to participate. Participation in this project will involve completing a survey, and a telephone interview.

The telephone interview includes questions on diabetes management tasks which parents of children with type 1 diabetes experience difficulty with, how parents think and feel about parenting a child with type 1 diabetes, and their preferences for assessing services to assist in dealing with these behaviours and tasks.

If you are interested in participating in this research or would like further information please email clin.roslyn.pay@uq.edu.au

Thank you for your help with this matter.
Yours Sincerely,
Roslyn Pay
Provisional Psychologist
Master of Clinical Psychology Candidate
School of Psychology, The University of Queensland
Registration No. PSY0001678571
BBC — BREATH BLOW COUGH
Prevention is always better than the cure. Did you know that teaching your child to blow their nose properly from a very early age can help prevent Otitis Media. It is very common in Schools and Early Learning Centre’s now for the children to do daily nose blowing lessons to help prevent ear problems. Called the Breathe, Blow, Cough, Chew (crunchy foods) wash Program. (BBCWC)

The BBC is a quick routine with the intention of emptying the nose, to clear the ears. It includes quick exercise such as jumps & running on the spot and coughing into the elbow (not hands). It can also includes crunching apples/carrots/celery etc for fruit break to exercise the eustachian tube.

As well as this it instructs students to focus on nose breathing instead of mouth breathing. Doing the BBC every morning before learning time can benefit every student as they can experience a conductive loss on any given day. Hearing can be good one day and bad on others - this is a conductive loss. We will be introducing the BBC exercises to help keep children’s ears healthy.
In the event of an accident, illness or other incident at school, we often find we have incorrect or out-of-date phone numbers and addresses. To ensure the school is able to contact you when needed, please complete the slip below and return it to the school as soon as possible to assist in keeping our records up-to-date. Thank you.

Child’s Name: ................................................................. Class: ............

Address: .........................................................................................................................

Email: .................................................................................................................................

Home Phone: ......................... Mother’s Mobile: ........................................

Father’s Mobile: ......................... Work Phone: (Mum) .........................

Work Phone: (Dad) ......................... Mother’s Work: ........................................

Emergency Numbers when parents/guardians are unable to be contacted:

Name: ............................... Relation: ................................. Phone No: ...........................
SPORTSVUE

ATHLETICS CARNIVAL - The Zone Athletics Carnival is to be held on Friday 8th August 2014 at the TRAC. Full details and permission notes will be sent home with students that have qualified in the coming weeks.

NORTH WEST REPRESENTATION - Good luck to Courtney Adams (Netball) and Caleb Bergan (Touch) who will be competing at State Carnivals this week. It will be a great experience for them both. A full report will appear in next week’s newsletter.

STATE CROSS COUNTRY - Best of luck to Caleb Bergan who competed at the State Cross Country at Eastern Creek on Friday 18th July 2014. A fantastic effort to have progressed to this level. A full report will appear in next weeks newsletter.

ELECTIVE SPORT - Elective Sport begins this week. The cost of the program is $5 per week and progresses through to Week 8. Please see Mrs Gleeson for any further information.

REGIONAL FINAL - RUGBY LEAGUE
The Regional Final of the Legends of League was held in Gunnedah on Thursday 17th July. Hillvue had both a Rugby League and Girls League Tag team competing on the day. Both teams had mixed results. In the Girls League Tag Hillvue defeated SFX – Narrabri and Newling PS but unfortunately were beaten by the eventual Pool winners Warialda PS.

The Rugby League Team results were hard fought in all three games. Hillvue were beaten by Gunnedah South and Moree East in two tough games. They finished the day on a positive note with a win over St Mary’s Armidale.
All players should be congratulated on their efforts, it was a great day. Thank you to Ray Berry, Bobbo Bergan and Simon Taylor for coaching the teams and support.

RUGBY LEAGUE KNOCKOUT
Hillvue PS played Tamworth PS in Round 4 of the Knockout competition on Tuesday. Unfortunately Hillvue was defeated 22 to 12. The game was of a high standard and very close for most of the match. Our players should be very proud of their efforts against a much larger opposition.

TOUCH GALA DAY
The Touch Gala Day that was scheduled for last Wednesday was cancelled due to wet weather. An alternative date is currently being negotiated. Further information will be published if and when a date is confirmed.
Are you looking for a long day care centre for your pre-school children? Your child is welcome! Your local Long Day Care Centre is just around the corner from Hillvue School in Janelle St.

Phone 67628452
Email: reception@janellestreetcentre.com

Janelle Street Centre
4 Janelle Street,
South Tamworth

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NOTICEBOARD

DIARY DATES

**JULY**
- Thursday 24
  - Troy Cassar-Daley visit & workshops
- Friday 25
  - Planet Ark Tree Planting Day
- Friday 25
  - Elective Sports Begin

**AUGUST**
- Week 2
  - Thursday 24
  - Friday 25
  - Friday 25
- Week 3
  - Friday 8
- Week 4
  - Friday 4
  - Friday 8
- Week 5
  - Monday 11
  - Wednesday 13
  - Thursday 14
  - Friday 15
  - Saturday 16
- Week 6
  - Monday 18
  - Tuesday 19

**HILLVUE RAIN JACKETS FOR SALE**
Compact Poncho/Rain Jacket. Can be worn over your backpack.
$14 each from front office.

**FRONT OFFICE**
All visitors must report to the Front Office upon arrival
Office hours are from 8.30am to 4pm on school days.
Please telephone 02 67657 446 during these hours.

**FOR SALE**
HILLVUE SCHOOL JACKETS
The cold weather will be here again soon. School jackets can be purchased through the front office.
Small, Medium & Large fleecy lined spray jackets $48.